

TEHRAN GRILL

SINCE 2011

LUNCHMENY | LUNCH MENU

KOLGRILLAT | FROM THE GRILL

BARG GOOSFAND 145

Lammytterfilé med saffransris, gurkyoghurt, shirazsallad & bröd.
Lamb sirloin with saffron rice, cucumber yoghurt, shiraz salad & bread.

JOOJE KEBAB 130

Saffransmarinerad kycklinglårfile med berberisris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron marinated chicken thighs fillet with barberry rice, garlic yoghurt, shiraz salad & bread.

KOOBIDE ZAFARANI 119

Saffranskryddad lammfärs med saffransris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron spiced minced lamb with garlic yoghurt, shiraz salad, saffron rice & bread.

VEGETARISKT

GRILLSPETT 125

Grönsakspett med halloumi och portabellosvamp, serveras med gurkyoghurt, saffransris & bröd.
Vegetable skewer with halloumi and portabello mushroom, served with cucumber yoghurt, saffron rice & bread.

GRYTOR | STEWS

GHEIME BADEMJAN 119

Lammkött, gula linser, aubergine & potatischips med gurkyoghurt, berberisris & bröd.
Lamb, lentils, eggplant & potato chips with cucumber yoghurt, barberry rice & bread.

AUBERGINGRYTA 115

Gula linser, aubergine & potatischips, serveras med shirazsallad & berberisris
Lentils, eggplant & potato chips, served with shiraz salad & barberry rice

GHORMEH SABZI 119

Lammgryta med färska örter, torkad lime & kidneybönor.
Lamb stew with fresh herbs, dried lime & kidney beans.

EXTRA SPETT | EXTRA SKEWERS

BARG 95

JOOJE 75

KOOBIDE 60

VEGETARISKT 75

I GLASET | TO DRINK

RÖTT
LUSTHOF PINOTAGE 115|395

VITT
CUSTOZA 115|385

ROSÉ
AMARANTE 115|425



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ALLERGISK?
FRÅGA PERSONALEN

TEHRAN GRILL

تهران

SINCE 2011

VIN | WINE

RÖTT | RED

VALPOLICELLA SUPERIORE
139|505
Doc Ripasso, Veneto, Italy

LUSTHOF PINOTAGE 115|395
Paarl, South Africa

PIANO RESERVA 129|495
Tinta Roriz, Douro, Portugal

MURATIE RONNIE 149|569
Shiraz, Stellenbosch, South Africa

LISCARDINAL 125|445
Côtes du Rhône, Frankrike

BAROLO DOCG 1095
Nebbiolo, piemontese, italy

RUMI 620
Persian producer in Napa Valle, CA, USA

MAYKADEH 565
Persian producer in Napa Valle, CA, USA

VITT | WHITE

CANTINA DI VERONA CUSTOZA
115|385
Garganega, Cortese, veneto Italy

MURATIE ISABELLA 135|499
Chardonnay, Stellenbosch, South Africa

RIESLING KLASSIK 139|495
Langenlois - Kamptal, Österrike

DURBANVILLE 145|505
Sauvignon Blanc, Durbanville, South Africa

ROSÉ

ROSÉ AMARANTE 115|425
Cotes du rhone

ZWEIGELT ROSÉ 135|485
Langenlois, Austria

ÖL & CIDER | BEER & CIDER

1664 BLANC 69
Veteöl, alc 5% vol, 33 cl

BROOKLYN LAGER 79
Alc 5.2% vol, 33 cl

100 W IPA 79
Starköl, alc 6.8% vol, 33 cl

STAROPRAMEN 70
Alc 5% vol, 33 cl

STAROPRAMEN 105
Alc 5% vol, 50 cl

CARLSBERG HOF 60
Ekologisk starköl, alc 4.2% vol, 33 cl

CELIA 69
Glutenfri, ekologisk, 4.5% vol, 33 cl

SOMERSBY PÄRONCIDER 65
Alc 4.5 % vol, 33 cl

ÖVRIG DRYCK | BEVERAGES

LÄSK | SODAS 39
Pepsi, peps max, zingo, 7up

BUBBELVATTEN 35

LÄTTÖL 35

JUICE 49
Äpple, granatäpple, passionsfrukt
Äpple, pomegranate, passion fruit



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