

TEHRAN GRILL

تهران

SINCE 2011

LUNCHMENY | LUNCH MENU

KOLGRILLAT | FROM THE GRILL

BARG GOOSFAND 155

Lammytterfilé med saffransris, gurkyoghurt, shirazsallad & bröd.
Lamb sirloin with saffron rice, cucumber yoghurt, shiraz salad & bread.

JOOJE KEBAB 145

Saffransmarinerad kycklinglårfile med berberisris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron marinated chicken thighs fillet with barberry rice, garlic yoghurt, shiraz salad & bread.

KOOBIDE ZAFARANI 135

Saffranskryddad lammfärs med saffransris, vildvitlöksyoghurt, shirazsallad & bröd.
Saffron spiced minced lamb with garlic yoghurt, shiraz salad, saffron rice & bread.

VEGETARISKT

GRILLSPETT 139

Grönsaksspett med halloumi och portabellosvamp, serveras med gurkyoghurt, saffransris & bröd.
Vegetable skewer with halloumi and portabello mushroom, served with cucumber yoghurt, saffron rice & bread.

GRYTOR | STEWS

GHEIME BADEMJAN 129

Lammkött, gula linser, aubergine & potatischips med gurkyoghurt, berberisris & bröd.
Lamb, lentils, eggplant & potato chips with cucumber yoghurt, barberry rice & bread.

AUBERGINGRYTA 125

Gula linser, aubergine & potatischips, serveras med shirazsallad & berberisris
Lentils, eggplant & potato chips, served with shiraz salad & barberry rice

GHORMEH SABZI 129

Lammgryta med färska örter, torkad lime & kidneybönor.
Lamb stew with fresh herbs, dried lime & kidney beans.

SALLAD | SALAD

JOOJE SALLAD 139

Saffransmarinerad kycklinglårfile grön sallad, grillad tomat, Tehran säs & kokosnöt- lime krydda
Saffron marinated chicken thighs fillet green salad, grill tomato, Tehran sauce & coconut lime spice

KOOBIDE SALLAD 129

Saffranskryddad lammfärs grön sallad, grillad tomat, Tehran säs & röd lök
Saffron spiced minced lamb green salad, grill tomato, Tehran sause & red onion



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ALLERGISK?
FRÅGA PERSONALEN

TEHRAN GRILL

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SINCE 2011

VIN | WINE

RÖTT | RED

BARBERA D'ALBA 145|610
Brunito, Italy

VALPOLICELLA SUPERIORE
149|619
Doc Ripasso, Veneto, Italy

QUINTELA 129|535
Tinto, Douro, Portugal

PIANO RESERVA 139|605
Tinta Roriz, Douro, Portugal

MURATIE RONNIE 155|645
Shiraz, Stellenbosch, South Africa

LISCARDINAL 129|555
Côtes du Rhône, Frankrike

RUMI 685
Persian producer in Napa Valle, CA, USA

MAYKADEH 645
Persian producer in Napa Valle, CA, USA

BAROLO 1025
Nebbiolo, piemontese, Italy

VITT | WHITE

CANTINA DI VERONA CUSTOZA
129|525
Garganega, Cortese, veneto Italy

MURATIE ISABELLA 145|605
Chardonnay, Stellenbosch, South Africa

RIESLING KLASSIK 155|619
Langenlois - Kamptal, Österrike

DURBANVILLE 159|649
Sauvignon Blanc, Durbanville, South Africa

LE MESANGES 129|545
Cotes du rhone, viognier & grenache blanc, Frankrike

ROSÉ

ROSÉ AMARANTE 129|539
Cotes du rhone

ZWEIGELT ROSÉ 149|605
Langenlois, Austria

ÖL & CIDER | BEER & CIDER

PERSIAN SAFFRON BLOND 119
Alc 6% vol, 33 cl

PERSIAN BLOND 99
Alc 6% vol, 33 cl

1664 BLANC 85
Veteöl, alc 5% vol, 33 cl

BROOKLYN PÅ FAT 85
Alc 5.2% vol, 44 cl

CARLSBERG EXPORT PÅ FAT 75
Alc 5.2% vol, 44 cl

100W IPA 89
Starköl, alc 6.8% vol, 33 cl

STAROPRAMEN 109
Alc 5% vol, 50 cl

CARLSBERG HOF 69
Ekologisk starköl, alc 4.2% vol, 33 cl

CELIA 69
Glutenfri, ekologisk, 4.5% vol, 33 cl

SOMERSBY PÄRONCIDER 65
Alc 4.5 % vol, 33 cl

ÖVRIG DRYCK | BEVERAGES

LÄSK | SODAS 39
Pepsi, peps max, zingo, 7up

JUICE 49
Äpple, granatäpple, passionsfrukt
Äpple, pomegranate, passion fruit

UTAN ALKOHOL | NON-ALCOHOLIC

SHARBAT 85
Ingfära, äpple, citron & kanelsockerlag
Ginger, apple, lemon & cinnamon sugar

DOOGH|YOGHURTDRIK 69
Persisk yoghurt drink med mynta,
citronjuice, sodavatten & salt
Yoghurt drink with mint, lemon, soda & salt

GINGER BEER 49
CARLSBERG 49